



# County of Rockland Department of Health NEWS RELEASE

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FOR IMMEDIATE RELEASE  
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CONTACT: Joan H. Facelle, M.D., MPH  
845-364-2512

## **Rockland County Department of Health – H1N1 Flu Update 6/5/09**

Pomona, NY - The H1N1 flu virus is widespread in Rockland County. Many health care providers are seeing patients in their offices and diagnosing them as having H1N1 flu based on their symptoms. At this time, most flu cases are H1N1 flu. The majority of cases are not serious and patients are being treated the same as if it were seasonal flu. We are not routinely testing patients since most present with mild flu-like symptoms. The 8 cases that have been reported were confirmed by a special test conducted by the New York State Wadsworth laboratory.

The Rockland County Department of Health wants to assure residents that they are continually monitoring flu activity. There are no recommendations to close schools or businesses as this cannot prevent the spread of this disease, since it is community wide. Schools are only advised to close if the levels of faculty and student absenteeism interfere with the school's ability to function. For answers to frequently asked questions, and to learn how to recognize symptoms of flu and steps to take to prevent it, please visit the Rockland County Department of Health's website at [www.rocklandgov.com](http://www.rocklandgov.com) and click on H1N1 flu.

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